

These “I have HD” cards can be used to identify that the person carrying the card is living with Huntington disease (HD). We have versions for HD and Juvenile HD.

They are available in two formats:

- **printable** version to carry in your wallet
- **digital** version to be saved to your phone

## INSTRUCTIONS FOR DOWNLOAD

### Printable Version

1. Select the card type you would like (I have HD or I have JHD). There are also options to print cards with QR codes that lead HSC webpages describing each condition
2. Download the file
3. Print the card, making sure to select a size of 2” x 3.5” and double-sided printing
4. Fill out emergency contact details on the back of the card
5. Laminate, if possible

### Download to Print

- [I have HD Card](#)
- [I have HD Card - with QR Code](#)
- [I have JHD Card](#)
- [I have JHD Card - with QR Code](#)

#### I have Huntington disease.

Symptoms can include slurred speech, slower response time, issues with memory, uncontrollable movements, and lack of coordination.



To learn more visit:  
[www.huntingtonsociety.ca](http://www.huntingtonsociety.ca)

My name is: \_\_\_\_\_

#### In an emergency, please contact:

Name: \_\_\_\_\_

Relationship to me: \_\_\_\_\_

Phone number: \_\_\_\_\_

# HD IDENTIFICATION CARDS



## Digital Version

1. Select the card type you would like (I have HD or I have JHD). There are also options to print cards with QR codes that lead HSC webpages describing each condition
2. Save the image to your phone
3. If you would like to fill in the emergency contact details on the back, use a tool such as Adobe or a photo editor
4. We recommend saving the card in an easy-to-access folder such as your favourites

## Download to Save to Your Phone

- [I have HD Card](#)
- [I have HD Card - with QR Code](#)
- [I have JHD Card](#)
- [I have JHD Card - with QR Code](#)
- [Emergency Contact](#)

### I have Juvenile Huntington disease.

Symptoms can include slurred speech, issues with memory, slowness and stiffness, clumsiness, loss of balance, and falls.



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My name is: \_\_\_\_\_

### In an emergency, please contact:

Name: \_\_\_\_\_

Relationship to me: \_\_\_\_\_

Phone number: \_\_\_\_\_

### I have Huntington disease.



Symptoms can include slurred speech, slower response time, issues with memory, uncontrollable movements, and lack of coordination.



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### I have Juvenile Huntington disease.



Symptoms can include slurred speech, issues with memory, slowness and stiffness, clumsiness, loss of balance, and falls.



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